

Title: World Diabetes Day Walkathon Report - 25th November 2023

Introduction: We, the School of Allied Health Sciences had participated along with 6 other healthcare institutions on 25th November 2023, commemoration of World Diabetes Day, a successful walkathon event was organized to raise awareness about diabetes and promote a healthy lifestyle. The event aimed to encourage physical activity, educate participants about diabetes prevention, and foster community engagement. Our students had made posters to create awareness among the people. Quotes were written for awareness on World Diabetes Day.

Event Highlights: Walkathon to address World Diabetes Day.

Date : 25th November 2023.

Time: 9:00 AM to 9: 45 AM

Duration: 45 minutes.

Venue: DMMC Wanadongri, Nagpur.

Participants: All 7 colleges, Wanadongri, Nagpur.

The walkathon saw a diverse participation, including all students from all colleges, staff-teaching & non-teaching.

Healthcare professionals, and diabetes support groups actively participated.

Route and Distance: DMMC gate->Boys Hostel gate->main road-> SMHRC gate-> MGS road-> DMMC

The walkathon featured different routes to accommodate participants of varying fitness levels.

Post-Event Reflections: Participants expressed gratitude for the informative sessions and the opportunity to connect with others colleges. Positive feedback indicated increased awareness about the importance of a healthy lifestyle in preventing diabetes.

Conclusion: The World Diabetes Day Walkathon on 25th November 2023 proved to be a successful and impactful event, bringing together all the colleges to raise awareness about diabetes prevention and management. Through collaborative efforts, the event achieved its goal of encouraging physical activity and promoting a healthier lifestyle to combat

